



COLLABORATING
FOR BETTER
HEALTH

DOH-ST. LUCIE PUBLIC HEALTH OVERVIEW 2018



www.stluciecountyhealth.com



MESSAGE FROM THE ADMINISTRATOR

Dear St. Lucie,

St. Lucie public health is focused on improving health with our entire community. This report highlights a sample of our proud accomplishments to illustrate how we are working with partners throughout the county to address issues that impact health, particularly the most vulnerable.

Our 160 employees work extremely hard every day to prevent disease, promote health and protect you. Last year, this included: increasing physical activity through the **Billion Step Challenge**; reducing unintentional injuries in children; providing dental sealants in public schools; investigating over 2,500 reports of communicable disease, and starting an age-friendly community work-group to improve the health and well-being of the older adults in St. Lucie.

Compared to medical providers who treat people that become sick, the role of public health is to try to prevent people from getting sick or injured in the first place.

The wide range of services we offer promote health. We know that encouraging positive health behaviors while also addressing social and economic barriers to health today will lead to improved health, fewer sick days taken and reduced health care costs in the future.

This year we will also focus on achieving reaccreditation from the Public Health Accreditation Board (PHAB); developing a community health assessment to address public health problems for the next three years, and working with community partners to build a **Treasure Coast Safety Village**.

Clint Sperber, MPA
Administrator and Health Officer

Our 160 employees
work extremely hard
every day to prevent
disease, promote health
and protect you!

FLORIDA DEPARTMENT OF HEALTH IN ST. LUCIE COUNTY LOCATIONS

FORT PIERCE

714 Avenue C • Fort Pierce, FL 34950
(772) 462-3800 (772) 462-3900 (WIC)

GWENDA THOMPSON TRADES CAREER CENTER

3855 S. U.S. 1
Fort Pierce, FL 34982
(772) 462-3800

PORT ST. LUCIE

LARRY J. LEE PUBLIC HEALTH BUILDING

5150 NW Milner Drive • Port St. Lucie, FL 34983
(772) 462-3800

ST. LUCIE WEST

WIC Program
531 NW Lake Whitney Place, Suite 101
Port St Lucie, FL 34986
(772) 785-6124 or (772) 462-3900

ST. LUCIE WEST PEDIATRIC DENTAL CLINIC (FOREVER SMILES)

537 NW Lake Whitney Place
Suite 101
Port St. Lucie, FL 34986
772-462-3800

www.stluciecountyhealth.com

COLLABORATING FOR BETTER HEALTH



2019

Healthy St. Lucie



Billion Steps Challenge

Above are proclamations issued by the City of Fort Pierce, St. Lucie BOCC, and the City of Port St. Lucie in support of the Billion Steps Challenge.

See back cover on how to join.



EDITOR: Arlease Hall, Public Information Officer and Community Relations Director

PHOTOS: Courtesy of St. Lucie County Media Relations and Florida Department of Health in St. Lucie County.

BRANDING AND CREATIVE SERVICES:

Comet Media Group www.cometmg.com 772-480-3414

FOREVER SMILES

children's dentistry

cherishing every child



Quality Dental Care at Affordable Prices
Specializing in Medicaid, CMS, and Healthy Kids Plans

Now Accepting The Following Dental Plans



Monday - Thursday 8am to 5pm • Friday - Saturday 8am to 2pm
ST. LUCIE WEST (Children 1-20yrs)
537 NW Lake Whitney Place, Suite 101 Port St. Lucie, FL 34986
772-462-3800 / StLucieCountyHealth.com



LOCAL RESPONSE TO HURRICANE MICHAEL

2018 was an eventful year with our local response to Hurricane Michael, the most powerful hurricane ever to impact the Florida Panhandle. DOH-St. Lucie, deployed staff, resources, and other community partners joined forces, providing a strong response throughout various parts of the post storm operation and recovery.

St. Lucie County operates a Special Needs Shelter for individuals who seek shelter from a disaster and need medical assistance. Those who have a medical condition that does not meet requirement for hospital admittance but needs medical assistance can be eligible for the Special Needs Shelter.

For more information or to register for the SpNS contact Public safety 772.462.8100 or Visit the St. Lucie County Special Medical Needs website: <https://www.stlucieco.gov>



WIC SUCSESSES

Women, Infants, and Children (WIC)

WIC improves the health of moms, babies and children! Why participate in WIC?

Research Studies show participating in WIC early during pregnancy improves birth outcomes:

- Large reductions in premature birth, low birth weight and perinatal death.
- Lower infant mortality rates.
- Lower levels of anemia, failure to thrive and nutritional deficiency.
- Healthier eating habits and more nutrients for children on WIC.

In St Lucie, 80.9% of WIC enrolled moms initiated breastfeeding, December 2018

WIC provides nutrition counseling, breastfeeding support, nutritious foods and referrals to healthcare. You may qualify if you are a pregnant, breastfeeding or post-partum woman, infant or child under age 5 who meets eligibility criteria.



HOW TO CONTACT US:

Ft Pierce office at (772) 462-3900 or

St Lucie West office at (772) 785-6124 to apply.

Visit our website: www.FloridaWIC.org for more details.



PROTECTING OUR COMMUNITY ENVIRONMENTAL HEALTH

■ **PROGRAMS & SERVICES:** Beach/River Water Sampling, Rabies Surveillance, Residential Needle Disposal

■ **PERMITTING & INSPECTIONS:** Bio-medical Waste, Public Pools, Mobile Home Parks, Body Piercing, Tattoo and Permanent Make-up, Septic Systems, Tanning Facilities, Water Well Construction

■ **FACILITY INSPECTIONS:** Schools, Assisted Living Facilities, Residential Treatment Centers, Adult Family Care

■ **FOOD SERVICE INSPECTIONS:** Schools, Correctional Facilities, Civic and Fraternal Organizations

For more information on programs, please call 772-873-4931



On January 1, 2018, the Healthy St. Lucie Coalition challenged residents to collectively reach one billion steps by December 31. Over 1,377 residents stepped up for the challenge, and 122 teams formed from 35 unique organizations. St. Lucie County residents met their goal of one billion steps on January 21, 2019.

Feedback from residents was so positive, that Healthy St. Lucie issued another challenge for 2019. Registration is open to residents all year long. When you register, you will set up your individual account. From there, you can fly solo, or form a team with your friends, neighbors, family, or work buddies. Together we can reach another billion steps in 2019!

MOBILE PHONE REGISTRATION

Download the WALKER TRACKER app and create an account. Enter our program URL, healthystlucie.walkertracker.com



DESKTOP COMPUTER REGISTRATION

Go to <https://healthystlucie.walkertracker.com/>
Click on "Register Now" to create your account.
Download WALKER TRACKER app on your mobile phone.



JOIN OUR COMMUNITY'S TASK FORCE AND HELP US MAKE A DIFFERENCE IN OUR COMMUNITY!

First Year Accomplishments Include:

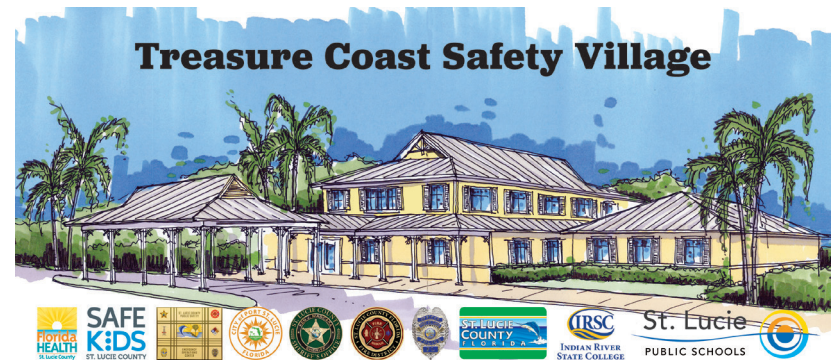
- Increased inpatient treatment (detoxification) beds, especially for the indigent
- Medication Assisted Treatment services, especially for the indigent
- Transportation for individuals to treatment and from emergency rooms directly to treatment
- PEER specialists in Martin Hospital ER's
- Sufficient credentialing of "Sober Homes"
- Law Enforcement efforts to treatment rather than incarceration
- Overdose and general opioid use disorder education

The mission of the Treasure Coast Opioid Task Force is to reduce opioid use and overdose deaths through the combined efforts of multiple community stakeholders on the Treasure Coast.

Meetings held 4th Thursday every month: 1:30 pm
New Horizons of The Treasure Coast, 4500 W. Midway Road, Fort Pierce

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LOOKING TO A SAFER FUTURE FOR OUR KIDS



SAFETY VILLAGE UPDATE: In June of 2018 the City of Port St. Lucie offered a 18 month provisional land lease option for property located on Ravenswood Lane. Safe Kids St. Lucie has worked diligently to create a solid business plan for the Safety Village. TRM Construction Management and N2 Architecture and Design have been working alongside Safe Kids St. Lucie staff as well as partner agencies on the design and program space needed for the Safety Village. The original plan for the Safety Village was centered around children, though reducing unintentional injuries to children is a priority we realized during the planning that the village could address other community issues such as unintentional injuries to the elderly, proper nutrition, and increased services to our special needs' population. Thus the reason we are no longer referring to it as a Children's Safety Village it is now planned to be a Safety Village addressing all safety related topics in our community.

The Safety Village is designed to provide the highest safety education and training to children and adults. Providing the community with hands-on injury prevention programs which encourages and instills behavior modifications and changes.

TC SAFETY VILLAGE COVERS THE FOLLOWING AREAS:

- | | | |
|----------------|----------------------|---------------------|
| ■ Fire Safety | ■ Gun Safety | ■ Traffic Safety |
| ■ Cyber Safety | ■ Pedestrian Safety | ■ Health & Wellness |
| ■ Water Safety | ■ Car Seat Safety | ■ Kids Smartz |
| ■ Bike Safety | ■ Electricity Safety | |

TO LEARN MORE VISIT: TCSafetyVillage.com



Safe Kids St. Lucie Coalition provided education to over 38,445 students, parents and professionals participating in trainings, school events, community events and summer programs.

January 2018 Safe Kids St. Lucie partnered with Tradition Medical Center, to use Safe Kids safety tip sheets to address ways to reduce unintentional injuries to children in the home. To date the tip sheets are distributed in all newborn nurse home visitation packets in St. Lucie County.

For more information about Safe Kids and TC Safety Village
Contact: Ronda Cerulli (772) 462-3512