

JUST FOR THE HEALTH OF IT!

# 12th Annual Community Health Fair & SYMPOSIUM



Sunday April 28, 2019 (12:00 PM - 5:00 PM)

Port Saint Lucie Community Center

2195 S.E. Airoso Blvd., Port Saint Lucie



HEALTH SCREENING

## PRESENTATIONS

**Mind & Body Connection**  
Phyllis McColister MS, LMHC, CAP  
(Healing Waters Counseling)



TALK WITH A DOCTOR

**Nutrition & The Eye**  
William Olivos OD

**Lifestyle Nutrition for Everyday Living**  
Phara Taylor, RD, LDN

**Understanding Kidney Disease**  
Gerard Flores, MD

**Be Your Own Shero**  
Natalie Lewis, CPT

### HEALTH SCREENING

- Blood Pressure
- PSA (prostate-screening)
- Cholesterol
- Hemoglobin A1C
- HIV/STD testing

### TALK WITH DOCTORS

- Dr. Anthony Lewis: Cardiologist
- Dr. Gerard Flores: Nephrologist
- Dr. Humayun Shareef: Family Medicine
- Dr. William Olivos: Optometrist
- Dr. Earl Campbell: Pulmonologist

### HEALTH AND WELLNESS

- Behavioral Health
- WIC and Nutrition
- Blood Glucose screening
- Vision Screening
- St. Lucie West Lions Club

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1151 SW Del Rio Blvd  
Port St. Lucie, FL, 34953  
L. G. A. McLean, Pastor - 321-327-4802  
For More Information Call: 772-224-6484  
victorysda1.org



5150 NW Milner Drive  
Port St Lucie, FL 34983  
www.StLucieCountyHealth.com